



PRODUCED IN PORTLAND, MAINE

Bristol

MY FISH DISH

FROM FISH TO FABULOUS IN MINUTES



1 THAW



2 BAKE



3 ENJOY

Chef inspired
FLAVORS

Available in
**FROZEN AND
GRAB & GO**

All-natural
INGREDIENTS



Bristol

SEAFOOD ATTRACTS LUCRATIVE SHOPPERS*:

When seafood is part of the basket the average basket size triples!

SHOPPER PURCHASING DECISION*:

Quality, taste, and price have the biggest impact on seafood shopping.

EDUCATING THE CONSUMER*:

83% of seafood shoppers want to learn how to cook seafood at home. My Fish Dish has simple 3 step cooking instructions and side dish recipes on the label.

SEAFOOD:

Scallops
Cod
Atlantic salmon
Sockeye salmon
Shrimp

RECOGNIZABLE FLAVORS:

Lemon & herb butter
Blackened & smoked butter
Lemon & pesto butter
Garlic & herb butter
Sesame & seaweed teriyaki
Sweet chili

For the newest My Fish Dish products go to myfishdishes.com

PROUDLY HAND PACKED IN
PORTLAND, MAINE

SUSTAINABILITY SEAL ON THE
FRONT OF THE PACK

*FMI'S POWER OF SEAFOOD

PRODUCED & DISTRIBUTED BY:

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MY FISH DISH

FROM FISH TO FABULOUS IN MINUTES

Fish for all!

Here at Bristol, we sit right on the Fish Pier in Portland, Maine where great seafood is easy to find. But great fish dishes don't come so easy to everyone. We thought we'd fix that by bringing you My Fish Dish! We start with quality seafood, pair it with perfect toppings, and make it a snap to prepare. Now fixing your fish dish has never been easier. Enjoy!

Peter Handy

OWNER, BRISTOL SEAFOOD



For our newest products check out our website

WWW.MYFISHDISHES.COM